

Summer Menu 2019

LUNCH SNACKS

Popcorn (GF)		\$0.50
Brownie		\$0.50
Fruit Muffin		\$0.50
Vege Sticks & Dip (V) (Carrot, Capsicum, Cucumber)		\$1.00

BENTO BOXES

Vege stick & Dip, Muffin and Crackers & Cheese

Choice of sandwich:

-Vegemite	\$5.00
-Ham, Cheese, Chicken, Tuna, Salad	\$5.30
*Add Cheese	\$0.50
*Add Salad	\$0.80
Sushi (Chicken, Tuna or Vegetable)	\$6.00
Spinach & Ricotta Roll (V)	\$6.00

GLUTEN-FREE FOODS

Sandwiches	\$3.30
Wraps	\$4.00
*Add Toasting 50c	
Fillings include: Salad, Cheese or Chicken	
Beef Burger with Salad	\$6.00
*Add Cheese 50c	
Hot Dog	\$3.70
*Add Sauce 30c	
Burrito with cheese & Salsa	\$6.00

AVELEY P&C CANTEEN

Open 9am - 2pm Monday, Wednesday, Friday

aveleypandccanteen@gmail.com and
facebook Aveley Primary School P and C Canteen

Supervisor : Helen Robinson

Assistants : Laura Lambert & Kim Pieri

(V) Vegetarian (GF) Gluten free

SANDWICHES & WRAPS

	Sandwich	Wrap
Vegemite	\$2.00	\$3.00
Salad or Cheese (V)	\$2.70	\$3.50
Ham or Chicken	\$2.70	\$3.50
Crispy Chicken & Salad	-	\$4.40
*Toasting 50c	*Cheese 50c	
*Salad 80c	*Fresh Tomato 20c	

ICE CREAMS

Vanilla Ice cream Cup (GF)	\$2.00
Moosie (Choc, Strawberry or Banana)	\$2.00
Quelch Icy Poles	\$1.00



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HOT FOOD

Spinach & Ricotta Roll (V)		\$3.60
Sausage Roll		\$3.60
Party Pie		\$1.35
Beef Cruiser Pie		\$4.80
5 Chicken Nuggets or 5 Chicken Fingers		\$3.50
Crumbed Fish (1 Piece)		\$2.50
Hot Dog		\$3.20
Fried Rice (GF, V)		\$5.00
Lasagne		\$5.00
Macaroni Cheese (V)		\$5.00
Burger with Salad (Beef, Chicken, Fish or Vegetable)		\$5.50
*Add Cheese		\$0.50
Burrito with cheese & salsa		\$5.50
Tacos (Hard or Soft) (GF)		\$5.50
Hashbrown (V)		\$0.50
Corn Cob (V)		\$1.00

*Add Small Salad (V,GF) 80c: Lettuce,
Cucumber, Carrot and Tomato

*Add Tomato Sauce (GF) or Mayonnaise 30c

***Amber foods we recommend to be ordered twice a week or less, but are on the menu everyday for parents' convenience and discretion.**